

IADE TOXINS 2026. SCIENCE & PRACTICE

17TH APRIL - DAY 1 - SCIENCE

INTRODUCTORY SESSION

- Let's say goodbye to myths. Time for FACTS!
- Types of facial expression and wrinkle patterns – personalization of botulinum toxin treatment
- Individual variability in BoNT-A metabolism – what accelerates it and what slows it down
- The use of ultrasound to improve injection accuracy and depth – does it really make sense?

SESSION: GENERATION Z & LGBTQ+ PATIENTS

- Botulinum toxin – how early and how often?
- Instagram vs reality – are the expectations of Generation Z realistic?
- Feminization and masculinization with BoNT-A – where to start?
- Injections for transgender patients – anatomical challenges and the art of aligning treatment with patient expectations

SESSION: UPPER FACE

- Precision in neurotoxin injections of the forehead glabellar complex – have we been doing it wrong for 30 years?
- Glabella – when to reduce the dose and when to stop treatment?
- The periorbital area as a single anatomical unit – brows, canthi, and lower eyelid
- Brow and periorbital lifting

SESSION: MIDFACE

- Botulinum toxin in non-surgical rhinoplasty – a standalone procedure or in combination with plastic surgery?
- BoNT-A does not elevate the nasal tip... quite the opposite – cosmetic and functional outcomes of the treatment
- Midface lifting with botulinum toxin
- Combining BoNT-A with tissue-stimulating treatments – mesobotox: hit or myth?
- Microdosing and the Full Face approach – BoNT-A & SMAS working in synergy

SESSION: LOWER FACE

- Botulinum toxin treatments in the lower face – patient selection criteria and high-risk areas
- The Lip Flip technique and the functional anatomy of the orbicularis oris muscle
- Gummy smile – how to provide comprehensive patient management?
- Marionette lines, chin, and jawline – how to integrate them into a single treatment plan
- Neurotoxins – what to do and what not to do: mentalis, DAO, and masseter
- Platysma, trapezius, and pectoralis major – it takes three to tango

SESSION: DERMATOLOGY

- The effectiveness of BoNT-A in the treatment of androgenetic alopecia
- Botulinum toxin in the treatment of rosacea – what haven't we tried yet?
- Treatment of scars and keloids – BoNT-A alone or in combination with EBD?
- Skin quality improvement – pore size reduction, skin tone enhancement, and the GLOW effect – magic in a syringe
- Hyperhidrosis – dilution protocols and dosing for the treatment of axillary, palmar, and plantar hyperhidrosis

SESSION: COMPLICATIONS

- Back to basics – true vs false complications. The devil is in the details
- BoNT-A pitfalls and their management
- Eyelid ptosis – what went wrong and what comes next?
- Muscle compensation – friend or foe in lower face treatments
- The perioral area – considering paralysis and patient discomfort before overdosing
- It's not what you do, but how you do it – technique-related adverse effects

18TH APRIL DAY 2 - PRACTICE

LIVE INJECTIONS

- FULL -FACE
- AESTHETICS & DERMATOLOGY INDICATIONS
- EXPERTS DISCUSSION FOCUSED ON PRACTICE TIPS& TRICKS